



RIPPLES

Commodore's Comments

March 2009

The days grow longer, the mooring plan nears completion, the Level planning continues as well as those of our numerous other summer events. Four months down and two or three months to go to the beginning of the sailing season! The YYC restaurant has reopened as of February 6th and there will be an increasing number of events occurring as we move into Spring. Please call the club or check our website at yyc.org for details.

The YYC board is very happy to greet five new members at our upcoming March board meeting. Don Finkle has been most helpful at facilitating much of this process. We are all aware that for a variety of reasons over the last decade private clubs have suffered increasing attrition in membership. Adam Burns, and a recently expanded Membership committee are setting forth a fresh effort to bring in new members to our club, YYC is bucking the trend!

New membership is important for a number of reasons, greater revenues to the club and house, greater depth to our racing and cruising programs. This is the best way to fight assessments and dues increases as well as benefiting our club. If you know someone who might benefit from membership in our YYC Family please contact Adam Burns at gradman14174@yahoo.com to initiate the new membership process. While speaking of Adam, congratulations must be given to him and his crew of the Melges 32 "Star" for winning their class at the Key West Race Week in January, as well as Boat of the Week for that event, a real accomplishment!

YYC welcomes back Pat Mackey and PC Stan Pasek as Co Chairs of the 09 Level Regatta. The dates are set July 24-26, please mark your calendars and get ready to celebrate the high point of the summer racing season on Lake Ontario.

The first meeting of the YYC Foundation has occurred and the trustees are Toby Jewett and PC's Don Burns, Rick Lohr and Melanie Tisdale. Melanie was elected as the Chair of the new Foundation Board, congratulations to her. We continue to sort out the details with our new Foundation as we learn how to best utilize it for the benefit of Jr Sailing and the YYC.

YYC mourns the recent passing on January 4th of Thomas Hooker, Chemical Engineer, inventor, YYC Club Historian and author of "Sixty Five Years of Beautiful Sailing", a history of the YYC. Tom was an active cruiser and racer and was instrumental in starting YYC's Jr Sailing program. Tom's nearly fifty five year tenure as an active contributing member of our club spans most of YYC's existence. Tom will truly be missed. A memorial service will be held at the club in Tom's honor in spring.

In the last several weeks we have witnessed the efforts of numerous YYC members (including soon- to- be members) in work groups that have been cleaning up, fixing up and painting the interior of our club house. They have enjoyed a lot of camaraderie and have had a great time as they worked together to fix up our club house for the upcoming season. While on the topic of volunteerism, it is important to note that many private clubs like YYC utilize professional services to fulfill much of the work needs to support their facility and programs. YYC has a heritage of volunteers working together to maintain and better our club and we would love to have your help! If you would like to get involved, meet and work with fellow club members and spend some time improving your club please contact Josie Fittante at yyc@roadrunner.com or 745 7230 ex 10 and let us know what you can do, would like to do, or to find out how to join our next work party. You will have a great time and you will be helping your club!

John D. Reinhold
Commodore





YYC Officers and Directors

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Social Liaison Report

Jack Huebschman, Social Membership Chairman

Hello to everyone. I hope you like the new Ripples format and find it informative. Although the Club is not as active on a social standpoint this time of year there are some events that are a lot of fun so keep an eye on the calendar for upcoming parties and events. Also, if you have a special event, party or meeting coming up keep in mind that there is no better venue in western NY than the lower Niagara River. This is a great time of year to call the office and plan something.

I thought a little perspective on the Social Membership might be helpful to our new members. When I was previously on the Board in the 1980's the Club was a little different reflecting the local region at that time. The local economy was strong with help from the manufacturing industry in the Niagara region and we had a waiting list for moorings for people to get their boat to YYC. We even petitioned the state to allow us to expand the mooring area a few times. It was quite a nice situation to be in then, hardly any fishermen, no Whirlpool Jet Boats and more members than we could accommodate! Wisely though the Board at that time realized these conditions would not last forever, and in an effort to promote a healthy membership the concept of a Social Membership Class was introduced. After some discussion it was approved and made part of the By-laws.

The hope was that as things changed over time this would help promote a continued source of new members in the Club. It would give people a chance to be a part of the Club even if they were not boat owners and enjoy the wonderful facilities we have, establish new friendships, bring new ideas and enthusiasm to the Club and provide a path for these members to develop a love for sailing and maybe some of them to become boat owners themselves some day. I believe these hopes were met as over the years the Club has evolved and the facilities have improved due in part to our Social Members.

Part of the enjoyment of being a Club member is being involved in the Club in some way be it: planning and throwing a party, learning about and helping with race organization and committee work, or helping with some of our Club improvement projects. The clubhouse has come a long way since the early '80's. Back then we had a store, that was sinking into the river, where the launch now docks, and the clubhouse was just the first floor with the small bar in the back and the upstairs used for storage and the little Helen Parker Room for race results and protest hearings. Over the years many work parties with sweat equity from the membership helped us to build our Jr. Sailing building, put in the brick walkway, maintain the Jr. Sailing fleet and develop the clubhouse into the beautiful facility it is today. These are just a few of the things members have helped with over the years while having some fun, making new friends and developing pride in our facilities. I was sorry to hear that a good friend and long time club member, Tom Hooker, passed away recently. Tom was involved in many of these and as Club Historian had many more good stories to tell.

So get involved, give us some new ideas, come out sailing and HAVE FUN!

Jack Huebschman, Social Liaison

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There is a lot to look forward to this summer. There will be a new program where we take our social members sailing (watch for details). There will be racing as usual on Tuesday (Main & Jib), Wednesday (all Boats) and Thursday nights (J/22s), plus regattas. Peter Doyle has some dinghy racing planned for Monday nights during the summer. We draw your attention to the big weekend on the Fourth of July, where the Lasers & Junior Sailors, young and old, will have a very full day of activities. The following weekend we'll be running the Niagara Cup & Jack Beatty Hospice Regattas together for the first time. The Level Regatta in July is still the largest regatta on Lake Ontario. The Secretary's Race has been moved back to June by popular demand, and the Cock-of-the-Walk is back in its normal time slot. We have two double-handed races scheduled, something new and different for us. The preliminary race calendar is included in this issue, but keep in mind there might be a change or two before the season.

Please note the following dates:

March 6, Annual Sailor's Ski Day at Holimont in Ellicottville: This popular event has been moved to a Friday which should make it even more convenient. There will be fun ski races, food, a one-man-band, and plenty of sailors and skiers to meet. If you have not skied Holimont before you are in for a treat.

April 18, Boom Days 2009 at Youngstown YC, Adam Burns is in charge

April 22, Hank Stuart to Speak on the New Racing Rules: Buffalo Harbor Sailing Club has invited Hank to explain the changes to the new racing rules. Members & crews from all clubs are welcome, the meeting is free and open to all! Wednesday evening April 22, 7 PM at the Pearl St. Grill in Buffalo.

June 20-21, Toronto Area Hospice Regatta (TAHR) at National YC

JUNE 27-28, 10th ANNUAL WIREDOWN REGATTA at OLCOTT YC: This is a rather small event with low-key racing and excellent social activities at a nearby friendly club. It would be a nice weekend for those who wanted to travel to a regatta, but not go too far (only 18 miles from the Niagara River). For info contact Sue & Mark Cassidy @ rappareems@aol.com or 716-778-9028

July 4, Two Fun Regattas on the Same Day! The Lasers race in the general area of our keelboat course, the Junior Sailing alumni course is closer to the beach off Fort Niagara State Park. Participants of both events are invited to the dock party after the day's racing:

July 4, Laser District 9 Regatta & Junior Championships at YYC: Paul Hays will once again be the PRO for our annual Laser Regatta, which this year will also be the District 9 Junior Championship.

July 4, Junior Sailing Alumni Regatta: This event has turned into one of the most enjoyable of the summer. Joining the local Junior sailing grads will be those who now live out of town but who make the annual pilgrimage back to where they first learned to sail. Nutshells and 420s are used. All ages sail, with some crews consisting of father/mother and/or son/daughter, husband/wife, etc. Let your kids know the date so they can be sure to come home for the weekend.

July 10-11, The Niagara Cup & Niagara Hospice Regatta, YYC & NOLSC: New this year is a joint effort between YYC and NOLSC. We have combined these events and moved them to an earlier date to create one super weekend. The Jack Beatty Memorial Up-the-Lazy-River Cruise to Benefit Hospice will take place Friday July 10, with the clambake and band afterward at YYC. On Saturday the racing will be hosted by NOLSC, with entrants competing for both the Hospice & Niagara Cup prizes. Two events in one! The overall winner of the Hospice Regatta will qualify for the 2010 Hospice National Championship. After racing on Saturday NOLSC will host a steak cookout at their clubhouse.

July 25-26, 36th Annual Level Regatta: In order to run the largest event on the Lake we need almost all of our members and their families and friends to get involved in some way or another. If you have not yet helped out at The Level you are missing out on a super time. Details will be out shortly for sign-ups.

New Boat Added to the YYC Fleet: Pete and Trish Welsby have a new Beneteau First 10R coming to YYC this spring.

Social Sailing: Adam Burns and I are going to set up rides for our non-boat-owning members this summer. Stay tuned for further details.

Double-Handed Races: Short-handed sailing is a growing aspect of the sport and it is time we tried it on a small scale here at YYC too. We have two races scheduled for 2009, one on a Friday night in June, another on a Saturday in October. Crew is limited to two people, with spinnaker & non-spinnaker fleets.

Going Faster Downwind; Q &A for Effective Spinnaker Trim:

The sailing season is rapidly approaching. If you haven't started already, it's time to dust off those old books, review last years notes, create new goals, and start thinking about ways to make your boat go faster in 2009. In January, we discussed some of the major changes to the 2009-2012 Racing Rules of Sailing. This month we will answer some commonly asked questions about symmetrical spinnaker trim.

What is the number one way I can improve my spinnaker trim? The answer is concentration. The importance of full, undivided attention while trimming the spinnaker cannot be over emphasized. One spinnaker collapse, or worse yet, an over trimmed spinnaker, can mean the difference of several finishing positions.

Where do I position myself on the boat? To trim the spinnaker effectively, the trimmer must be in a position to see the entire sail and comfortably play the sheet. This usually requires standing somewhere on the windward side of the boat. Don't be shy about calling for a grinder. If your arms get fatigued, you will tend to over trim the spinnaker and stop playing the sheet. This is very slow.

What is a guideline for trimming the sheet? The trimmer must constantly play the spinnaker sheet in and out. Always ease the sheet out as far as possible. There should be a small curl in the spinnaker luff every 3-5 seconds.

What is a guideline for trimming the guy? Trim the guy to set the spinnaker pole perpendicular to the apparent wind. The spinnaker luff should rise vertically from the tack to the shoulder of the sail. The center seam should also be vertical relative to the surface.

How do I know if the pole is set too far forward? If the pole is too far forward, the luff will project out to windward. Try to match the shape of the sail at the foot to the shape of the sail at the shoulders. If the foot is relatively too round, trim the pole aft.

How do I know if the pole is set too far aft? If the pole is too far aft, the luff will fall away to leeward. If the foot is too flat, or resting on the forestay, ease the guy forward.

How do I set the topping lift? Set the spinnaker pole height, using the topping lift, so the clews are even above the deck. Adjust the inboard end so the pole is level. The main objective is to set the height of the pole so the spinnaker luff curls evenly from top to bottom, whatever it takes. It's similar to setting the jib lead so the genoa luff telltales break evenly from top to bottom.

How do I know if the pole is set too high? If the spinnaker pole is set too high, the luff will start to curl in the lower section first and you won't be able to ease the top of the sail far enough. Also, lower the pole if you desire more draft forward. This is similar to other sails where adding luff tension pulls the draft forward. A lower pole creates a more open leech and rounder entry. Often the tack will be slightly lower than the clew. As a general rule, if the spinnaker breaks low first, lower the pole.

How do I know if the pole is set too low? If the spinnaker pole is set too low, it will tighten the upper luff of the spinnaker and the sail will break there first. The spinnaker will constantly be over trimmed because the trimmer will have to pull harder on the sheet to prevent a collapse. As a general rule, if the spinnaker breaks high first, raise the pole.

How do I set the pole for different wind conditions? On heavy air reaches, set the pole lower to prevent the draft from being blown aft. Note that if the pole is set too low, the luff shoulder may cave in and the leech will twist open, spilling power. In light air, set the pole higher with even clews to provide extra power. Note that if the pole is set too high, the luff may fall away to leeward and the leech will close off. When running downwind, sail with the spinnaker pole as far down and aft as possible. This will make the spinnaker seem bigger to the relative wind. Don't forget that achieving proper sail shape is still the goal.

How do I communicate with the helmsperson? Communication between the helmsperson and spinnaker trimmer is very important. The trimmer should constantly be talking to the helmsperson about pressure in the spinnaker because he/she can feel and see the changes in the sail immediately. The proper way to do this is to describe the pressure in the sail and then offer an opinion about how to keep going fast and on the proper angle. For example, "I have good pressure, we can come down five degrees." The choice to head up or down should always be left to the helmsperson and/or tactician.

Works Cited and Additional References:

- North U. Trim, Bill Gladstone
- Speed and Smarts, David Dellenbaugh
- Sailing World, Bill Draheim

See you all on the water in 2009, Mark Shapiro



House Comments

Dennis Niccola, V.C. House

Progress is being made with the new point of sale software system. The Aloha software point of sale has been used by the staff for a couple weeks and it is running very well. The staff likes the user interface and they are saving time which allows them to be on the dining room floor where they are needed. When you are reading this the software will also be set up to transfer all of the sales data to Quickbooks. This automation saves a tremendous amount of time for our office manager. You will notice that your bill is different from what you are used to seeing. It is now generated from Quickbooks, our new accounting software. There might be a few kinks, but they will be ironed out shortly.

Also by the time you are reading this the Weekly Waves and The weekly Fleet Report are being emailed to you via Constant Contact. There are many links on these emails which will bring you to our website, our current menu, Events Calendar, Fleet Calendar and from time to time other interesting sites. If you have any suggestions for additional links please email our office at yye@roadrunner.com.

Our Concessionaire Doug, is booking events for the upcoming season and time slots are filling up. I hope this is a sign of our members' satisfaction and trust in the Concessionaire. The more the club is used the more successful all aspects of our operation will be. Don't forget any member can sponsor a non-member for the use of the club. There will be a nominal fee for the non-member.

If you have any questions or concerns concerning the operation of the House please feel free to email me at healthylawn@roadrunner.com or call 716-692-4433 and leave a message.



Yard Report

Mark Schimley, V.C. Yard

Thank you to all those who have helped during the recent work parties. Please watch *Weekly Waves* for upcoming work parties.

We are working on setting up a phone list of people who have helped in the past and are willing to help in the future. This endeavor will require help in establishing it, so please contact me if you would like to help. I can be reached at 773-3436, cell 570-4857, or mschimley@aol.com. Being a volunteer club with no paid maintenance staff we depend on members for help. No matter what your skill level your help will be appreciated. If you are skilled in a specific field and would like to help with work or provide advice in that area please let me know.

March usually brings a few days warm enough to work on your boat so make your list of things to do and start getting ready for launch. Our yard is very small which makes it extremely difficult for RCR to work around boats that should be ready for the water but are not. If you need RCR to ready your boat for the water and have not contacted them, this is a good time to do so.

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Jr. Sailing

Peter Doyle, Jr. Sailing

Lots of new and exciting things are happening for the 2009 Junior Sailing Program. A new board of trustees has been assembled to oversee the newly created YYC Junior Sailing Foundation. The chairperson of this board is PC Melanie Tisdale. Helping her in this new endeavor are PC Rick Lohr, PC Don Burns and PIG (Past Instructor God) Toby Jewett. Yes, new and exciting indeed.

On a cold winter night in January a group of Opti parents and instructor Jim Carminati met to discuss the best way to enhance our Optimist racing program. We have decided to split the Optimist fleet into two groups: one that will sail and cross train with the 420 Racing Team and another to work on boat handling, sail trim and basic racing. This will give students starting the Opti a chance to become familiar with the boat. This will also give our 420 coach an opportunity to see the talent that will fill his program in the future.

Dates for the summer sessions have been set. They are as follows:

July Session	June 29 – July 22	(18 Days)
August Session	July 29 – August 21	(18 Days)
Session 1	July 29 – August 7	(8 Days)
Session 2	August 10 – August 21	(10 Days)



AWARDS COOKOUT AUGUST 23rd

As you can see, you may break up the August Session and do just 8 or 10 days. The price for instruction will not go up this year and a substantial discount will be given for students taking 36 days of instruction. Hopefully we will have the new 2009 application on the yyc.org website in March.

We are planning on having an open house for parents and students Sunday June 28th from 12:00 pm until 3:00 pm. We will have some Nutshells, 420s, Optis and Prams in the water for some fun off the dock sailing. This is a tentative date, so please stay tuned to Weekly Waves and Ripples. The first Monday Night race of the season for Lasers, 420s and Optis will be June 29th. We will have a 4 week series and if there is enough interest we will do another 4 week series between August 3rd and 24th.

Please feel free to contact me anytime about questions regarding the Junior Sailing program. Also, if you have any ideas about improving the program please contact me.

Peter Doyle, Junior Sailing Director ~ peterdoyle@roadrunner.com



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Contact: Josie Frittante, Junior Sailing Director
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Date: July 2008

Submitted by the Captain and First Mate of *Aurora*

Thousand Island Adventure

Ships Log: July 24, 2008

Thursday morning arose bright, warm and clear. The weather presented an encouraging omen for the start of an open ended cruising adventure to the vicinity of the Thousand Islands. I use the words "open ended and vicinity" as *Aurora* was bound by no set itinerary, no deadlines or timelines. What could be better than eating when hungry and sleeping when tired without regard for the hands of a clock. In fact, for this excursion, I took off my watch and left it ashore. Although some prefer to cruise solo, being self reliant when planning the day's passage, solving problems that develop along the way (and problems due develop) and enjoying the company of your crew, I prefer passage making with a flotilla of friends. Not only does this arrangement provide a sense of security but it also adds to the fun. Watching each other bumble through the day provides fodder for good conversation during the evening cocktail party. Trying to explain your way out of why you were so stupid earlier in the day makes for a good laugh. In addition to *Aurora* (Mark and Jackie Bain), the flotilla consisted of *Blue Note* (Howard and Karen Noonan), *Plaisir* (Ceri and Lauri Hugill) and last but certainly not least, *Liberta* (Ray and Judy Volpe). During the homeward bound trip we would be joined by *Bella Donna* (Tony and Rose Buscaglia). Now who could want a better group? Two dentists, a barrister, two computer techies, an RN, a librarian, and a former SUNY Buffalo department head, nine all around good people. I leave myself out as modesty dictates.



The first day of our journey would begin with a decision to sail the south shore of Lake Ontario with a lake crossing to take place on the lake's east end. Some would argue that Mexico Bay, at the eastern end of the lake, should be avoided as a crossing point due to the greater likelihood of high seas in this region. As most members of the flotilla were less familiar with the South shore and since this route offered a greater sense of discovery, a sail along the south shore it would be. The tentative plan was to reach Oak Orchard on the first day, a distance of approximately 45 nautical miles, bypassing Wilson and Olcott. These intermediate harbors were regarded as harbors of refuge should the need arise to utilize them. Oak Orchard, one of the prettiest on the south shore of the lake, runs deep and is nestled between high wooded banks. It lies along a low-lying shoreline west of Rochester. As you approach it is about ten miles beyond Devil's Nose, one of the few landmarks along this pretty but otherwise featureless coast. The entrance is said to be straight forward with charted depths at the entrance of 8-9 feet. As 3 foot seas were coming from behind an entrance from the east, heading west, into the waves, seemed wisest in order to maintain control of the helm. Of course this idea was ignored by all except *Blue Note*, and entry from the west, with waves at our stern, was chosen. *Liberta*, *Plaisir* and the deep keeled *Aurora*, arrived without consequence and sequentially entered their designated slips at the Orleans County Marine Park docks. *Blue Note*, who departed Youngstown one day later, wisely chose to enter from the east, proceeding to introduce her keel to the rocky bottom. No real damage to *Blue Note* in spite of her captain's exercise in good judgment. That evening, Judy and Ray Volpe would treat us to a pork tenderloin picnic dinner, several choices of wine and desert. I was expecting, and would have been satisfied with tuna sandwiches on board provided by my first mate. The sun would set beautifully that evening soon followed by a sound sleep.

Ship's Log: July 25, 2008

Another mostly sunny morning with a long range forecast that promised more of the same. Light winds, 5 knots from the southwest, with seas expected to be one meter or less. The flotilla of three boats departed Oak Orchard at approximately 9:00A.M with a destination of the Rochester Yacht Club, approximately 45 nautical miles due east. The passage was uneventful and accomplished in 8 hours, long enough for one day. Two easily recognized, long breakwaters, a sandy beach and several large commercial structures direct you into Rochester Harbor. The Genesee River empties into the lake at this point and offers several full service facilities with transient dockage. The facility of choice by far and away is the Rochester Yacht Club. This club has a long a storied historical tradition and welcomes guests from reciprocal clubs. The club charges \$40.00 for an over night stay that I consider inexpensive for what the club offers. The dockage is excellent with full power and electricity. Assistance entering your slip is offered. A large pool overlook the river and tennis courts are available for use for those who still have the energy after a day on the water. Laundry facilities are easily available. Several of us refreshed ourselves with a dip in the pool. Saving the best for last, RYC offers a choice of several excellent restaurants with extensive wine lists. An after dinner drink on the veranda, overlooking the Genesee river, was the perfect way to end the day. Although RYC offers visitors much in the way of amenities, I found myself yearning for a YYC sunset.



Oak Orchard



Rochester Yacht Club

Ship's Log: July 26, 2008

Now the real fun was about to begin. The weather forecast was again promising that the day would be beautiful, with winds similar to the day before. Today's passage would be a relatively short one of 24 nautical miles taking us to Sodus Bay. For those of you who have not yet visited Sodus Bay you really must put this wonderful location on your "to visit" list. This is a spot that is located about half way down the New York shore and is worth spending two or three days exploring. This place is colored by beautiful anchorages, swimming holes, waterfront dining and the lively summer village of Sodus Point. Once you enter Sodus Bay you will find a patch of water five miles long and up to three miles wide, complete with islands and coves. In fact, for those who would rather not travel farther away from home,



this spot could serve as a final destination. We arrived in early afternoon and found a protected anchorage west of Thornton point. Swimming from the boat was delightful as the water is usually warm due to the shallow depths inside the bay. Being "on the hook", independent of marinas and dockage concerns, boosted our sense of adventure. Dependency on our anchors to hold us in place means that quality ground tackle is a must. Having a well working windlass is important as wrestling with an anchor is no fun. It is equally important to know how to use what you have. Sodus Bay was the place where I would learn that my windlass would not function as I had envisioned and where I would learn that the proper use of the ground tackle I did have came with a steep learning curve. In the end I did figure out how to use the darned thing reasonably well, yet I still refer to the windlass as the man eater.



Sodus Bay Anchorage-West side of Thornton's Point

The evening cocktail party was held on *Liberta* as she continued to have the best stock of food and drink. That would soon change as *Blue Note* joined the group the following day making up for their one day delayed start.

We were to spend two days in Sodus Bay with nightly thunderstorms providing for an occasional anxious moment. After dark storms would be the rule for many of the next few days. The Flotilla must have learned the anchoring thing as no one drifted from their set positions.

Ships Log: July 28, 2009

The 28th was warm and sunny day with the promise of winds from the southwest at 10-15 knots, seas 1 meter or less. Now we were within striking distance of the approach to the Thousand Islands. Approximately 55 nautical miles to the northwest was Sackets Harbor, Chaumont Bay and Henderson Harbor. Any one of these ports offers the visiting sailor a multitude of adventures so the problem was where to go. Some in the flotilla felt that the passage was too long and as a result it was decided to head for Oswego, N.Y as the distance was significantly less. The following day we would cross the lake for one of the three harbors mentioned above. Off we went in the direction of Oswego until it was noticed that *Liberta* had changed course to the northwest. *Liberta* had decided to take advantage of perfect conditions and make their move, destination Sackets Harbor. *Aurora* saw the wisdom in this decision and joined *Liberta* in what would become a perfect sail with 15 knots on the quarter producing 7-9 knot downwind speeds. Arrival at Navy Point Marine occurred at approximately 5:00 P.M. *Blue Note* and *Plaisir* stayed with their original plan, spending the night in Oswego with a lake crossing the next day. Henderson Harbor would be their destination with plans to rendezvous with John Kelly, formerly of RCR Yachts.



Sodus Bay Anchorage-West side of Thornton's Point



Navy point Marine had two slips waiting for our arrival. Navy Point is extremely accommodating. If you should find yourself in these waters and need a berth I would suggest you give this location a try.

Sackets Harbor is out of this world. If you don't like it here, you won't like it anywhere, as there is something for everyone. A protected harbor, a quaint town, good restaurants and more history than one can absorb without an extended stay. Sackets Harbor was a vital strategic center during the War of 1812. Many reminders of those days remain here, making this little village and its deep-water harbor a must for those interested in military

history involving the days of wooden fighting ships. During the War of 1812 Sackets was the home to navy yards and garrisons. Several hotly contested battles took place in or near the port. Those days of sacrifice, blood, blunders and heroism are commemorated at the Sackets Harbor Battlefield.



to be continued in the next issue!

Entertainment Report

Amy Reynolds, Entertainment Committee

The Entertainment Committee has been working hard planning an exciting 2009 season! The committee is looking for members to help with the events for the 2009 season. If you have ideas or would be willing to volunteer, please contact Lori Burns or Amy Reynolds. We love to have new people involved and welcome new ideas. Get involved and make the YYC everything you want out of your club!

We are excited to report that the 2009 season is off to a GREAT start. After being closed in January, the YYC reopened with a great St. Valentine's Day Party! The Valentine's Day Party was well attended, and many members enjoyed Chef Doug's special Prix Fixe Menu that was out of this world as well as fabulous music by Bob LaDuca. While Ripples is going to print before the Cooking Class, members are already excited for the event



on Saturday, February 28th when Chef Doug will entertain with a delicious Asian inspired cooking class. Members will be able to enjoy hands on cooking, and then share the lovely meal they cooked together!

UPCOMING EVENTS:

St. Patrick's Day Party featuring the Dustmen & McCarthy School of Irish Dance

Bring your friends and family on Friday, March 13th for YYC's Annual St. Patrick's Day Party. The Dustmen, said to be more fun than a barrel of Guinness by the Buffalo News will headline this year's Party. They will entertain with pub sing alongs, sea shanties, a few American folk songs and a little bit of Celtic rock. Please save this date and bring your friends and family down to the club to enjoy this wonderful party.



There will be a fabulous buffet featuring corned beef, Irish stew, cabbage, Lenten specialties, and other goodies. The McCarthy School of Irish Dance is back again, with our own members Ashley Meagher, Mackenzie Rogers and Madison Reynolds performing – sure to bring a smile to your faces! The bar opens at 5pm with festive drink specials.

Call today for Reservations!

Event dates to mark on your calendars

(more events to be finalized at our next meeting):

- Friday, March 13th – St. Patrick's Day Party
- Sunday, April 12th – Easter Brunch
- Saturday, April 18th – Boom Days/Meet the Fleet
- Saturday, April 25th – Wine Tasting Event
- Sunday, May 10th – Mother's Day Brunch
- Saturday, May 16th – Past Commodore's Tea Dance
- Sunday, June 14th – Commissioning, Sail Past, & Director's Steak Roast
- Saturday, June 27th – Commodore's Ball
- Saturday, July 4th – Junior Sailing Alumni Regatta
– Open to Everyone
- Friday, July 10th – Hospice Cruise/Dinner
- Sunday, July 19th – Children's Summer Picnic
- Thursday, July 23rd – LEVEL Volunteer Street Party
- Friday, July 24th – Sunday, July 26th –
– LEVEL Regatta



Easter Buffet Brunch at YYC

Sunday, April 12

Join us for a fabulous Easter Buffet Brunch on Sunday, April 12th at the Club. We will be serving a traditional brunch including Carved Ham, Eggs Benedict with Hollandaise, Smoked Salmon with cream cheese and bagels, French Toast, Assorted Pastries and Salads, along with other favorites.

Coffee and juice are included with \$2 Bloody Mary's and Mimosas from the bar.

Hourly seating, beginning at 10 am, can be reserved by calling the Club reservation line at extension 14

Adults: \$18; Children under 12: \$6.



2009 Key West Race Week

by Adam Burns

It is amazing to see how small the sailing community really is. A few months ago while attending the 2008 J/22 Worlds in Rochester, NY I was chatting with the University of Rhode Island's coach about sailing and other things. A few months later I received a strange call on my phone. Thinking nothing of it, I let it go right to voicemail. Little did I know it was a call from Chuck Norris, the previous University of Rhode Island sailing coach, about a possible regatta and crew position. I inquired more and he told me the boat I would be sailing on and the crew involved. It just so happens I knew a few of the people through my college sailing regattas that I would crew with. The boat we sailed at Key West is called a Melges 32. This is a high performance boat that is 32 feet long, has a seven foot draft, and weighs only 3,775 pounds! This boat can actually be dry sailed due to it being so light. There is also a weight limit that the crew needs to abide by which can not exceed 1,386lbs. A month or so before the regatta everyone is assigned a weight. Then the day before the regatta we are weighed to make sure we do not exceed that number. We would either need to loose weight as a team or have someone sit on the dock. Luckily, everyone held to their weights and we were able to make it. Our skipper Jeff Ecklund, owner of the Melges 32 "Star" raced Scows on the Great Lakes with Buddy Melges and his son Harry, whose family-owned company builds the Melges 32's, 24's and the hot new 20. Harry Melges, who is now president and CEO of Melges Boatworks, served as our tactician on "Star". Along with them our bow women was Lindsay Bartel. Yes I did mean bow women. Lindsay's brother, Clay, who is from Annapolis and usually sails with Bert Jabin on Bert's Farr 40, also sailed with us. In addition we had Amanda Callahan, Sam Rogers, who sailed at Hobart and William Smith, and my friend, Chuck Norris, who coached the URI Sailing Team.



With the Melges 32 being so light, crew work and weight placement was essential. As you can see per the pictures below, during one of the races it was super breezy, and in order to keep the bow out of the water the majority of the crew was standing in back of the skipper while doing 18knots downwind! What a treat to be going so fast and being in control. The Melges is very well balanced but as the crew says you always need to be on your toes or the boat will get the best of you!



Although there were two races a day for a total of ten, and the twenty-boat fleet had some very notable crews from Italy, France, England and the US, our hard work and determination won us the Melges 32 class regatta. The 2009 Key West Regatta consisted of 13 different classes from Farr 40's to Melges 32's and 24's to TP 52's. At the end of the regatta there is a final trophy that is given out for the whole week's performance to the most competitive fleet. Overjoyed about our win in the Melges 32 fleet, we also learned that Star had been selected for The Acura Boat of the Week Trophy. The Melges 32 fleet was deemed the most closely contested of the regatta with the top six finishers separated by only 17points.!



For more information about this regatta visit: <http://www.premiere-racing.com>



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Membership Report

Adam Burns, Membership Chairman

By the time you read this there will be about a month to go for the early Sunday racing sailors. That is if Mother Nature and all the ice cooperates as well. Speaking of ice, every year for the last few years the Youngstown Yacht Club has been the host of YYC Boom Days. (www.boomdays.com). You might ask yourself what is this? Simply it is a celebration of the Ice Boom being removed from Lake Erie. There are three venues people can visit over the course of two days. Once again we have secured Saturday, April 18th, 2009 for our date. Friday, April 17th is the kickoff party at Dugs Dive in Buffalo, and the third venue is the LaSalle Yacht Club. The YYC activities usually start around 4p.m. with the membership and guests having an opportunity to meet and chat with the various groups and club members to see what YYC really has to offer. Also YYC Jr. Sailing will be available to answer any questions about the program and to sign up prospective students as well. Later in the evening there is a band. Chef Doug will also have Boom Days drink specials and food available. This event is open to all members and non-members. So if you know someone who might be interested such as a friend or family member, invite them down. This is a party you do not want to miss. Last year we even had professional fireworks! We are in the process of planning and hope to have the fireworks again this year. Look for additional details and announcements either in YYC Weekly Waves or down at the club.

If you are not subscribed to Weekly Waves please call Josie and have your e-mail updated. We are also in the process of organizing two YYC Social Sailing Saturdays. One will be held in the beginning of summer and one toward the end of summer. You do not need to have sailing knowledge to join in this fun and free event. This is a day where our members with sailboats or powerboats offer to give our members who do not have a boat an opportunity to enjoy the Niagara River and Lake Ontario. To make this event a success, I am in the process of looking for boat owning members who are willing to have a few extra crew while enjoying a Saturday of sailing. Also if you are a member without a boat and are interested in attending please e-mail me at adamburns05@yahoo.com or call me at 716-713-5119 so I can compile a list of people and make sure we have enough boats. In addition, we will also be having a party once we return to the dock. Be on the look out for more details as well.

On the new member front, we have six couples who are interested in joining the yacht club. Three of the couples are social members and the other three are regular members. Take a look at our new information board on which you will see our new members. Be sure to say hi if you see them around the club. I would personally like to thank our membership for spreading the word around about our hidden secret, YYC. If you know anyone who is interested in YYC, please let Josie or me know as we would be more than happy to speak with them.

Think Sailing!!!



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This month's spotlight is on Tony and Rose Buscaglia. Not only do Tony and Rose spend a lot of time cruising but Tony also operates a ham radio station from their boat, "BellaDonna". If you have ever wondered what that strange sound coming from their boat was it was Tony sending Morse code.

YYC: When did you start sailing and why do you choose to spend your time cruising?

We started sailing in the early eighties after taking lessons at Erie Basin Marina. RCR was chartering boats at that time in Buffalo, Youngstown and at Henderson Harbor. RCR made a generous donation of a 3-day charter to Canisius High School's annual "Gambit" fund raising event. Since I had just completed a bare-boat chartering course, it was an excellent time to participate in the bidding at Gambit! We won the bidding for 3 days on a 32' C&C named Lively Lady. After a thorough checkout by our own Kevin Doyle, we were on our first sailing charter adventure at Erie Basin. For several years, we chartered C&C's, Pearsons, Sabres and Niagaras from RCR. It was a great way to learn, not only about various boats, but all the instruments and electronics that the owner's had installed on their boats.

In late 1989 we purchased our first boat, a Pearson 33-2 named September Morn. Three years later, in December of '92 we purchased our current boat, BellaDonna, a CS-40.

Since we were chartering boats mostly on the weekends, we decided to cruise to various ports rather than day sail, making the most of our chartering investment! We chartered as often as we could and began to explore Lake Ontario from Youngstown, and Henderson Harbor. When we purchased our own boat, we continued in the cruising mode. After joining the club, members would often ask; "How come we don't see you around the club?" I would quickly explain that we are out cruising almost every weekend of the summer.

We have continued that mode ever since!



YYC: What are your favorite ports?

One of the great benefits of being a member of YYC is the reciprocal privilege we have with all of the Yacht Clubs on the Great Lakes. We have always been welcomed by the clubs, and benefited by the fine reputation of YYC. Some of the clubs are "bare-bones" and some are quite fancy. But they are all very friendly! It's hard to pick a favorite place; but if we had to choose, it would probably be Gananoque where we spend quite a bit of time, meeting our family and friends during the summer. Oakville Club, Boulevard Club, PCYC, RCYC and the Toronto Islands are high on our list as well.

YYC: What was your scariest crossing? What did you learn from it?

I think our scariest crossing was during the Ontario 300 in the summer of 1994.

We were headed towards Cobourg, Ontario that is a distance of about 58 nautical miles from Youngstown. About 10 miles out, the seas began to build, with waves almost at 10 feet. As we listened to channel 16, we heard that several of the Ontario 300 boats had either been demasted, or experienced some mechanical problem. Out of nearly 50 boats, only a dozen or so out completed the race! What were we doing out here? Good question! We were dead into the wind, and motoring. The water poured over the deck. One wave blew out the front window of our dodger and filled the cockpit with a foot of water. By the time the water ran out the scuppers, we took another hit and the cockpit filled again. The boat was banging into the waves so hard that some of the mast wedges fell out. I tethered myself to the cockpit; we put on our life vests, and said our prayers! We had BellaDonna on autopilot and watched as the GPS ticked off the remaining miles to Cobourg. When we arrived at Cobourg, we navigated the waves through the opening to the marina and docked the boat. People at the Marina were watching us. They exclaimed, "We saw a boat, then we didn't see a boat!" We were both soaked and so was the entire boat.

We were just happy to be safe in port!

YYC: Do your cruise in the 1000 Islands? How often? What is your most memorable experience in the Islands?

When we first started, we would cruise the west end of the lake and head east along the Canadian shoreline. We made it all the way to Cobourg and met a group of YYC'ers. We couldn't believe these people were so far from homeport. It was Cheer's, Low Bid, Ohm Sweet Ohm. When we asked them how they came so far, they explained that they had just returned from the 1000 Islands through the Bay of Quinte, which we had never heard of. That's all we needed, a challenge! The following year, we began, our now annual trip to the 1000 Islands. It is the highlight of our summer. One year, all of our children and grand children met us, some by boat and some by car. We anchored out together and enjoyed a very special time together at Ninette Island, a place that has become a favorite to many YYC cruisers.

Member Spotlight con't

YYC: We have heard that you have an abundance of electronics aboard including Amateur Radio. Why do you need ham radio in Lake Ontario?

Some in our club have named BellaDonna "Airforce One", claiming that I have more equipment aboard our boat that anyone! I doubt that is true, but I do keep the current flowing from our batteries. I became a ham radio operator at age 13 and have been active in the hobby ever since. So, I decided to install an amateur radio station aboard our boat. These days, many

offshore sailor's become ham radio operators as a cost effective way to keep in contact with friends and family. I don't "need" ham radio on the boat; I just do it for the enjoyment. I use the Morse code most the time, and communicate with other hams all over the world. I have contacted over 160 different countries from our boat. Ham operators exchange cards called "QSL cards" to confirm their radio contacts. Hams from all over the world have received a card from K2NV/mm to confirm their contact with the Sailing Vessel BellaDonna.

YYC: What YYC Cruise is your favorite? Why?

We really enjoy the Solstice Cruise to Mimico every year. Having 20 to 30 boats from our club all cruising to one port is very exciting. For us it is a good way to meet other club members, especially since we are always gone cruising in the summer!

YYC: Do you have any plans to take your boat to other parts of the world? Why or why not?

No, we don't have plans to take our boat out of the Great Lakes. As Rose has explained to me, "There's more to life than sailing....." We have 4 children and 12 grandchildren, all living in Western New York. That's where we belong!

We have enjoyed chartering in the Caribbean, most recently in St. Vincent and the Grenadines. I would love to charter in the islands in the Pacific some day.

We are both very thankful to have our own boat and to be able to enjoy sailing on beautiful Lake Ontario!

Happy Sailing!

Tony & Rose Buscaglia ~ BellaDonna



Confirming QSO with Sailing Vessel

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RECIPE CORNER

For Gary and me, one of the joys of cruising is having the time to cook on the boat. Nothing is better than dropping anchor, having a swim, a cocktail and then cooking a fabulous meal while enjoying a sunset on the hook. Of course, then there's the other side of the coin – Mary Lou Chamberlain is famous for saying “If we can plug in, there must be a restaurant nearby!” The bottom line though is whether or not you “want to” or “have to” cook on the boat, it needs to be easy. No-one wants to end up with a thousand dishes to do at the end of the night! So with that in mind, I invite you to enjoy the first in a series of recipes that are (1) easy to prepare and (2) made with ingredients that travel well, keep well and you're likely to have either on hand or easy access to. Needless to say, I need your input, so please send me your favorite quick & easy recipes that will make up with ease on the boat. Of course, we are hoping that our non-cruisers will enjoy making the same recipes at home, so hopefully everyone will try them!

So with that in mind, here's one of my all time favorites, thanks to our beloved Granny Orr, who passed this recipe on to me many years ago. Enjoy!

GRANNY'S PORK TENDERLOIN

Ingredients:

- One plastic zip lock bag	- Pre-chopped garlic
- Soy sauce (regular or low sodium)	- One pork tenderloin

Preparation: Put about 1/2 cup soy sauce into the plastic bag along with about two heaping tablespoons of pre-chopped garlic (more soy if it's a big tenderloin). Rinse pork tenderloin, pat dry with a scot towel and put it in the bag. “Massage” it around a bit, so that the garlic is evenly distributed. Let marinate for at least a half an hour. Then put it on the grill, and grill to your liking. If you want extra au jus, take the leftover marinade out of the bag, put it in a small saucepan and add beef broth or beef bullion. (Be sure to boil since the marinade was exposed to raw meat.)

TIPS: (1) Buy the pork tenderloin frozen, so it will be good for a few days after leaving port; (2) Take a small Tupperware container of pre-chopped garlic from home and keep it in the fridge – buying those small amounts otherwise gets expensive; (3) Leftover pork tenderloin sandwiches or sliced onto a salad for lunch are both fabulous the next day.

Enjoy – and send me your recipes! Thanks. Melanie Tisdale



From the Crow's Nest

We're just back from San Francisco where I had a chance to race on San Francisco Bay in a Beneteau 36.7. Known for its strong wind in the summer, the bay is frequently windless in the winter. There was enough wind for us to clear the line and make the first mark ahead of the other 36.7s, but then things changed. As the tide goes in and out of the bay it produces quite a bit of current. At one point the speedo showed we were doing 3.9 knots through the water while the GPS showed 7.2 knots speed over ground. Being the first boat around, we did not have the advantage of watching other boats and how they were doing. Our tactician decided to go where he thought the wind was. The result was that the current kept pushing us toward Alcatraz where, as it turns out, there was no wind. We sloshed around in the wakes of the ferryboats with no wind and watched everybody else who found wind continue to race. We finally caught enough wind and an eddy near Alcatraz to finish the race dead last. Yes we do have a strong current in the river but I'll take sailing here over San Francisco Bay.

Golden Gate Yacht Club was the club sponsoring the race. The people were very friendly but the physical aspects of the club made me realize how nice YYC is. The story is that GGYC was about ready to go under when Larry Ellison, who had been turned down by St. Francis Yacht Club to represent them in the cup races, went to GGYC instead. He put a lot of money into the club and now people joke about it being Larry's club. There are lots of pictures of Larry's boats, and Oracle is emblazoned on all the junior sailing boats. Maybe Larry needs a boat for the Great Lakes.

This is the second edition of the 2009 “Ripples”. We have had a lot of positive comments on its new look, but the credit goes to Mike Gotthelf and his staff at Mikes's printing company, Merrill Press. If you see Mike please let him know how much you enjoy what he has done. This issue will be different from the last in that there will be some ads in it. The more ads we get the more pages and pictures we can have. Conversely, if we get too few ads we will be forced to go back to a mimeographed version with no pictures. If you would like to advertise your company or know of a person who might be interested in doing so please contact Mark Shapiro or Josie. Ad rates will be published in all editions of both “Ripples” and “Weekly Waves”. In order for “Ripples” to be worthwhile for advertisers we need as large a circulation as possible. If you feel you need only the electronic version give your hard copy to a friend, leave it in a doctor's office or drop it off at YYC when you visit. We plan to have extra copies at the club for prospective new members, crew and visiting yachtsmen to read. If you know people such as relatives, crew members and friends, who are not YYC members, but might like the electronic version, please send their email addresses to Josie.

For this to be a successful ongoing newsletter we need something to print. Please share stories and photos with us. If you have won a race, taken a cruise or done something you would like to share with your fellow YYC members please let us know. Call Josie at 716 745 7230 extension 10 or email to yyc@roadrunner.com.

Hopefully you have seen the new “Weekly Waves” designed by Amy Reynolds, Dennis Niccola, Paul Hays and Josie Fittante. We now have a weekly online newsletter of 21st century quality. I apologize if I have missed anyone's name who also helped.





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Racing Schedule

ATTACHMENT C

version 2.8.09		YYC-NOLSC RACE SCHEDULE 2009					
Month	Series	Day	Date(s)	Host	Invited	Special Instr.	
April	Furlined (N)	3/4	Sunday	5, 12, 19, 26	NOLSC	Interclub	1 start NFS
May	Seven Year (N)	3/4	Sunday	3, 10, 17, 24	NOLSC	Interclub	1 start FS&NFS
	Wednesday Practice		Wednesday	20	NOLSC	Interclub	-
	ABYC One Design Regatta		Sat-Sun	23-24	ABYC	Registrants	
	Tues. Louis Mies Series	4/5	Tuesday	26	YYC	Interclub	Yes & White Sails
	Cyril Read (N/Y/R)	4/5	Wednesday	27	NOLSC	Interclub	-
	J22 Racing		Thursday	28	YYC	Interclub	Yes
	Detroit NOOD		Fri-Sun	29-31	Bayview YC	Registrants	Yes
	Port Weller & Return (N)		Sunday	31	NOLSC	Interclub	Yes
June	Tues. Louis Mies Series	4/5	Tuesday	2, 9, 16, 23	YYC	Interclub	Yes & White Sails
	Cyril Read (N/Y/R)	4/5	Wednesday	3, 10, 17, 24	NOLSC	Interclub	-
	J22 Racing		Thursday	4, 11, 18, 25	YYC	Interclub	Yes
	Double-Handed Race		Friday	5	YYC	Interclub	Yes
	Secretary's Race		Saturday	6	YYC	Interclub	Yes, Fun Race
	NOLSC Sailpast		Sunday	7	NOLSC	NOLSC	
	YYC Sailpast		Sunday	14	YYC	YYC	-
	Toronto Hospice Regatta		Sat-Sun	20-21	National YC	Registrants	Yes
	LOSHRS to YYC and Return		Sat-Sun	20-21	LOSHRS	Registrants	Yes
	Olcott Wire Down Regatta		Sat-Sun	27-28	Olcott YC	Registrants	Yes
	C&C Owners Regatta		Sat-Sun	27-28	NYC	Registrants	Yes
	Tues. Founder's Series	4/5	Tuesday	30	YYC	Interclub	Yes & White Sails
July	Tues. Founder's Series	4/5	Tuesday	7, 14, 21, 28	YYC	Registrants	Yes & White Sails
	Sheet Tailer's (N/Y/R)	3/4	Wednesday	1, 8, 15, 22	NOLSC	Interclub	-
	J22 Racing		Thursday	2, 9, 16, 30	YYC	Interclub	Yes
	Jr. Sailing Alumni Regatta		Saturday	4	YYC	Registrants	Yes
	District 9 Laser Regatta		Saturday	4	YYC	Registrants	Yes
	Niagara Cup & Hospice	(N/Y)	Saturday	11	NOLSC/YYC	Registrants	Yes
	Steerer's & LYRA Junior		Thur-Sun	16-19	PCYC	Registrants	Yes
	Lake Ontario 300		Sat	18	PCYC	Registrants	Yes
	Eastern GL's J/22s		Sat-Sun	18-19	Buffalo YC	Registrants	Yes
	Level Regatta		Sat & Sun	25-26	YYC	Registrants	Yes
	LYRA Centennial		Monday	27	LYRA/RCYC	Registrants	Yes
	Lincoln Trust (N/Y/R)	3/4	Wednesday	29	NOLSC	Interclub	
	LYRA Freeman Cup		Wednesday	29	LYRA/RCYC	Registrants	Yes
	LYRA Day races		Fri-Sun	31	LYRA/RCYC	Registrants	Yes
August	LYRA Day races		Sat-Sun	1-2	LYRA/RCYC	Registrants	Yes
	Tuesday Kress Series	3/4	Tuesday	4, 11, 18, 25	YYC	Registrants	Yes & White Sails
	Lincoln Trust (N/Y/R)	3/4	Wednesday	5, 12, 19	NOLSC	Interclub	-
	J22 Racing		Thursday	6, 13, 20, 27	YYC	Interclub	Yes
	Junior Olympics		Fri-Sun	7-9	Rochester YC	Registrants	Yes
	Beneteau 36.7 GLC		Sat-Sun	15-16	Cleveland YC	Registrants	Yes
	Shark Worlds		Mon-Fri	24-28	NOLSC	Registrants	Yes
	Beneteau 36.7 NAC		Thur-Sun	27-30	Bayview YC	Registrants	Yes
Sept.	Tues. Doug Hooper Ser.	3/4	Tuesday	1, 8, 15, 22	YYC	Interclub	Yes & White Sails
	1812 (N)	2/3	Wednesday	2, 9, 16	NOLSC	Interclub	-
	J22 Racing		Thursday	3, 10	YYC	Interclub	Yes
	Cock of the Walk		Saturday	12	YYC	Interclub	Yes, Fun Race
	Fall Series (N/Y)	3/3	Sunday	13	NOLSC	Interclub	-
	Double-Handed Race		Saturday	19	YYC	Interclub	Yes
	October Cup (N)	4/5	Sunday	20	NOLSC	Interclub	1 start FS & NFS
	Shark-Homecomers		Sat & Sun	26-27	NOLSC	Registrants	Yes
Oct.	October Cup (N)	4/5	Sunday	4, 11, 18, 25	NOLSC	Interclub	1 start FS & NFS
	Tom Turkey		Saturday	17	NOLSC	NOLSC	Yes, Fun Race